

SALADS

THE EVERKRISP

romaine, arugula, chicken, bacon, hard-boiled egg, onion, cherry tomato, corn, aged white cheddar, sherry shallot vinaigrette

SOUTHERN FLAVOR

romaine, spinach, chicken, bacon, onion, corn, green beans, pear, salted pecans, croutons, honey mustard dressing

THE RANCHER

spinach, arugula, turkey, bacon, onion, cherry tomato, avocado, beets, scallions, croutons, ranch dressing

DESTIN COBB

romaine, kale, chicken, bacon, hard-boiled egg, onion, cherry tomato, avocado, bleu cheese, bleu cheese dressing

CAESAR'S GOAT

romaine, kale, chicken, hard-boiled egg, onion, tomato, green beans, goat cheese, parmesan cheese, croutons, goat cheese caesar dressing

BERRY FIELDS

spring mix, kale, chicken, onion, beets, green beans, radishes, blueberries, strawberries, goat cheese, almonds, champagne grapefruit dressing

GRAIN BOWLS

SPICY NOLA

wild rice, brown rice, spinach, shrimp, cherry tomato, corn, scallions, spicy broccoli, roasted red pepper, spicy citrus vinaigrette

APPLES TO ORCHARD

wild rice, brown rice, arugula, turkey, onion, sweet potato, radishes, apple, aged white cheddar, hazelnuts, maple cider vinaigrette

SPRING HARVEST

quinoa, spinach, chicken, sweet potato, beets, blueberries, lemon asparagus, chickpeas, goat cheese, spicy cashew dressing

SOUTH OF THE BORDER

brown rice, romaine, steak, cherry tomato, corn, roasted red onion, black beans, avocado, key lime sriracha dressing

BUILD YOUR OWN

Pick 2 bases, 1 protein and 4 ingredients

BASES

arugula, romaine, kale, spinach, spring mix, brown rice, wild rice, quinoa

PROTEINS

short-rib, chicken, turkey, shrimp, bacon, tempeh

FRUITS & VEGETABLES

apple, beets, black beans, blueberries, carrots, cherry tomatoes, corn, cranberries, croutons, green beans, kalamata olives, lemon asparagus, red onion, pear, radish, roasted red peppers, scallions, spicy broccoli, strawberries, sweet potato

PREMIUMS

avocado, almonds, pistachios, chickpeas, parmesan, salted pecans, aged white cheddar, hazelnuts, feta, goat cheese, bleu cheese, hard-boiled egg

DRESSINGS

balsamic pistachio vinaigrette, maple cider vinaigrette, spicy citrus vinaigrette, goat cheese caesar, bleu cheese, spicy cashew dressing, buttermilk ranch, honey mustard, sherry shallot vinaigrette, key lime sriracha, champagne grapefruit, chimichurri, oil & vinegar

DAILY SPECIAL

call 850.460.8881 for today's special

SOUPS

rotating, call 850.460.8881 for today's soups

FOR KIDS

BOWL

pick 2 bases, 1 protein and up to 4 ingredients

INDULGENCE

COOKIES & PASTRIES

rotating, gluten free available

PUREE POUCH

variety of flavors

BEVERAGES

fiji bottled water, pellegrino, sweet tea, iced tea, seasonal tea, green tea, royal cup coffee, lemonade, boylan's cola, boylan's diet cola, boylan's root beer, boylan's ginger ale, apple juice, horizon milk, horizon chocolate milk

michelob ultra, 30A beach blonde ale, 1890 founder's ale, estrella damm (gluten free) chardonnay, pinot grigio, sauvignon blanc, prosecco, pinot noir, red blend